

Skwo:wech Newsletter

From the Office of
Skwo:wech Elementary

May 30 - June 10



Rapid Antigen Test Kits

RAT kits are available at our office for pick up by parents or caregivers

For additional information, please see the email sent from our school on March 9

Updating Student Files

If your address has changed since your child was originally registered for school, or if your family was contacted about providing updated proof of address documents, please contact our office for more details.

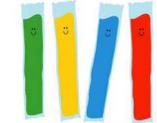
Fuel Up!

June menu online soon!

Order before noon Monday, May 30 for lunch delivery on June 1.

PAC Freezie Sale

Tuesday, May 31
after school in the courtyard
\$1.00 / freezie



Mark Your Calendar



June 16

Grade 5 Leaving Celebration

June 22

PAC Annual General Meeting –
7:00pm

June 24

Final Report Card Published
Save a copy for your records

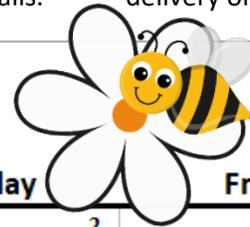
June 28

Skwo:wech Fun Day

June 29

Early Dismissal – 2:00pm
Last Day for Students

2022		MAY/JUNE			
Monday	Tuesday	Wednesday	Thursday	Friday	
30 Order June Fuel Up! lunches before noon today for delivery June 1st	31	1	2 Welcome to Kindergarten Grade 5 Glenbrook Tour	3	
6	7	8	9	10	
13	14 NWMS Meeting - 7:00pm	15	16 Grade 5 Leaving Celebration	17 Grade 5 Picnic	
20	21 National Indigenous Peoples Day	22 PAC Annual General Meeting - 7:00pm	23	24 Report Cards Published to MyEdBC Family Portal	



Our school is an amazing community because of the dedication and devotion of many people, our teachers, support staff and most importantly our parents. This week we pause to honour and share our gratitude for the critical role and partnership that we embrace with our parent community. We know that our parents are the childrens' first and most important teachers and that your efforts and support at home have such an enormous impact on our students' ability to succeed at school. We thank you for all the many ways that you ensure that your child is ready for a day of learning each and every day! A special note of gratitude to our Parent Advisory Council (PAC) executive who work tirelessly to provide many additional benefits for all our students, from organizing our fruit and veggie program and delivering to our classrooms, fundraising for special additions to our school, for example the recent purchase of the electric piano and so much more. Your dedicated efforts and abundant energy are so very appreciated by all our staff and students.

Looking ahead in the next few weeks we are pleased to be welcoming our kindergarten families to the welcome to school event on June 2nd while our grade five students are looking forward to visiting Glenbrook for an in-person tour also on June 2nd.

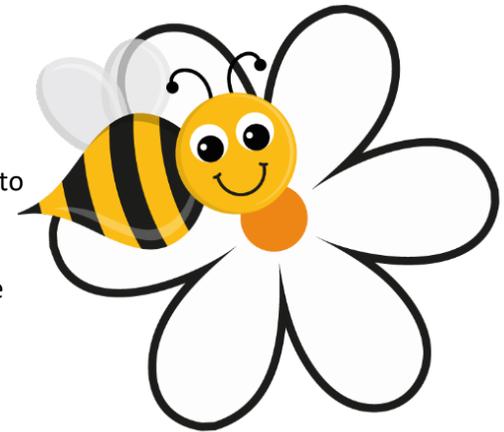
With gratitude,
Kathleen

Our students having fun exploring spaces in our building



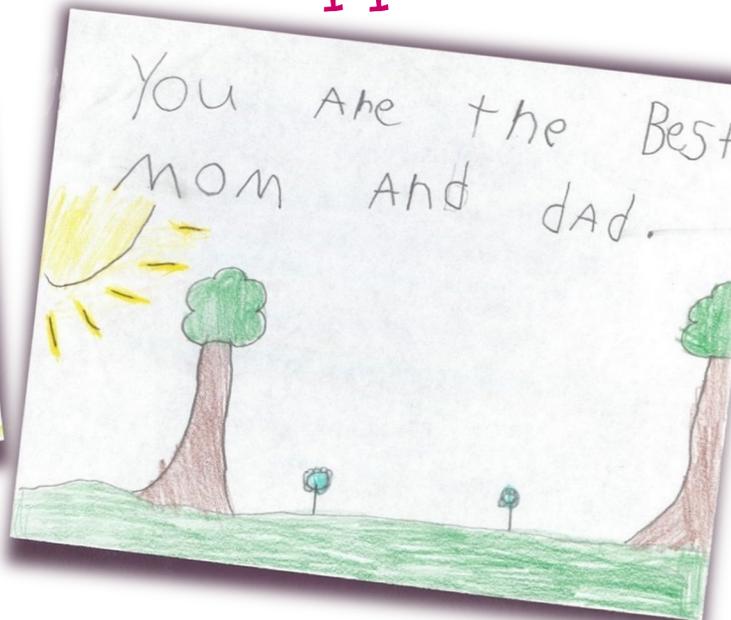
We have enjoyed hosting many visitors to our new school.

Last week we welcomed Mr. Danyluk, President of the BC Principals and Vice Principals Association.





Parent Appreciation



thank you for walking
me to school!



Thank you for
reading with me
Thank you for
making dinner.
Thank you for walking
me to school



Thank you for
giving me love
and reading to me.



Thanks for helping
the family

From: Alyssa





PJ Day in Ms. Shadbolt's class



*Thank you to Mrs. Hoover for
volunteering to sponsor the very
popular puzzle club*

Our primary students created heart maps in collaboration reflecting on gratitude for our new school



Preparing for Next Year: Very soon our staff will be working together to plan class placements for next year. As a staff team we carefully and thoughtfully consider many factors in determining the organization of our classes. Some of these factors include: learning styles, social and emotional considerations, learning support needs, students' strengths and needs, leadership skills and class size. As educators, this is a process that is taken very seriously and is one which we value. We work carefully to balance the needs of individual students as well as the needs of the class as a whole. Parents are often able to provide the school with information that can assist in the placement of students. If you feel you have information of a nature that will be helpful related to your child's academic, social/emotional or physical needs, please contact Mrs. Chad by Tuesday, May 31st. Please send your message to skwoweck@sd40.bc.ca and indicate in the subject line "Classroom Placement"

It is requested, in order to respect fairness and equity to all families that parents/guardians **not** ask for a specific teacher or class.

Please note: Information from families that will aid our school in Classroom Placement **must be received by the end of day Tuesday, May 31st** in order to allow time for review of the information and for planning. Beyond this date, we are unable to incorporate new information into our planning for the 2022/2023 school year.

You will have received a reply confirming receipt of your "Classroom Placement" email. If you have NOT received a response confirming that your email was received, please contact our office at 604-517-6090.



Bannock

Bannock is sticky like slime before it is cooked.

Now it is brown and golden.

Crunch!

Good with butter,

Delicious with jam.

Yummy! Yummy! Yummy!





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Virtual Event for Parents

June 8th
6:30pm–7:30pm
To register, please
visit:

[https://youandyouryouth
h3.eventbrite.ca](https://youandyouryouth3.eventbrite.ca)

Presenter: Dr. Saira
Sabzaali

The Zoom link is available
on the Eventbrite page
when you register.
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If you have any
questions, please contact
us at
wellness@sd40.bc.ca or
604-517-6291

Wellness Centre Series: You and Your Youth

New Westminster Schools invites you to join us virtually for our Wellness Centre Series for parents and caregivers.

Session 3: “Are They Doing Too Much?” Strategies to Support Your Ambitious Teenager

- The 40 Asset Model
- The Stress-Cycle
- Protecting Your Teen’s Mental Health

Dr. Saira Sabzaali is a Registered Clinical Counsellor with a Ph.D. in Transpersonal Psychology. She is the Clinical Director of Dragonfly Wellness Centre, an online hub for mental health, personal growth, and counselling. She works with adults from diverse cultural backgrounds who are looking for a new approach to mental health and want to incorporate their cultural values and spiritual beliefs into therapy. She specializes in depression, anxiety, family harmony and burn-out.

Dr. Saira has delivered two TEDx talks and is involved in teaching and curriculum development in the Clinical Counselling program at Stenberg college. She enjoys reading, writing poetry, and volunteering in the community, and lives in a small town on Shuswap Lake with her husband and two kids in the Okanagan Valley.