

Bulletin Updates

Winter Concert December 6 and December 7

- Winter ticket update. Thank you to parents who replied requesting additional tickets. All remaining tickets have now been distributed today after school. We look forward to seeing everyone at the Winter Concert!

Report Cards on MyEducation BC Family Portal – Friday, December 09 at 4:00pm

- Report Cards will be published to [MyEducation BC](#) on the afternoon of Friday, December 10
- For information about logging on to MyEdBC and resetting forgotten passwords, please visit our [MyEducation BC Family Portal resource](#) on our website

Kindergarten & New Student Registration for 2023/2024 is Open!

- All registrations are taken by Central Registration at the Welcome Centre at New Westminster Secondary School - *please book a registration appointment online*
- **Last day of regular registration period is Friday, January 27, 2023**
- For more details, including required documents and the calendar to book a registration appointment, please visit: <https://newwestschools.ca/our-schools/registration/registration-information-forms/>

Correction update from last weeks newsletter

- January 3, 2023 is the first day back from winter break. School will re-open at 8:50am.



CREATIVE EXPLORATIONS

Children (18 months-6 years old) explore their creativity through arts and crafts, songs and stories with their caregivers' participation.

LOCATION: Olivet Church, 613 Queens Ave, New Westminister

DATE: Mondays February 6 - March 6 (4 sessions)

TIME: 9:30 am - 12 pm (bus tickets are available if needed)



PARENTS CONNECT

For parents of children 0-6 years old. Meet and connect with other parents and participate in guided discussions.

LOCATION: Olivet Church, 613 Queens Ave, New Westminister

DATE: Fridays February 3 - March 10 (6 sessions)

TIME: 9:30 am - 12 pm (bus tickets and childminding are available if needed)



SINGLE MOMS GROUP

Support group for single parents raising children ages 0-6. Learn about community resources and connect with other moms about the ups and downs of solo parenting.

LOCATION: Olivet Church, 613 Queens Ave, New Westminister

DATE: Wednesdays February 8 - March 8 (5 sessions)

TIME: 4:30 pm - 6:30 pm (bus tickets and childminding are available if needed)



LET'S COOK TOGETHER

Parents learn food skills and how to cook healthy recipes on a budget while their children (0-6 years old) play. A great opportunity to meet others in the community!

LOCATION: École Qayqayt Elementary, 85 Merivale St, New Westminister

DATE: Wednesdays January 4 - February 22 (8 sessions)

TIME: 9:15 am - 11:45 am (bus tickets and childminding are available if needed)



RAISING EXCEPTIONAL CHILDREN

Support group for parents with neurodiverse children. Connect with other parents to share the challenges and joys of parenting exceptional children and learn about community resources.

LOCATION: This is a virtual Zoom program

DATE: The last Saturday of the month

TIME: 10am

To register call 604 368 2154 or email ceds-nw@fsgv.ca

In-person programs will be following BC Provincial Health Regulations according to the Restart Plan.



Jr. Hyack Athletics

When champions fail, they get back up and try again. They don't let failure discourage them."

— Mary Ellen Clark

SPRING 2020

JR. HYACKS

Message from the Director

Hello!

Basketball is on the rise and with Winter around the corner we look to provide a warm, fun, and engaging atmosphere. No matter the age or skill, all Jr. Hyacks athlete's, male and female, are coached and managed in the best way for them. For the upcoming season, we look to build a supportive social environment that encourages friendly competition and lifelong participation in sports.

For the upcoming season, our activities, drills, and games will focus on 5- key movements

- Pulling
- Pushing
- Hip hinge
- Squatting
- Planking



This will allow participants to be competent and confident enough to participate in recreational sports throughout their lifetime. Our efforts are to ensure that each session is packed with fun and social interaction.

Jr. Hyacks Learn to Play Program

The Learn to Play Program (LTP) provides an introduction to sports through layered activities and games to youngsters aged 4-13. This program emphasizes the FUN in basketball. Coaches provide a positive atmosphere in small groups that maximizes opportunities for youngsters to learn skills. Activities include drills and lead-up games. LTP promises a fun hour with lots of action.

Jr Hyacks Learn to train & Play Program

Learn to train and play program focuses on athletes wanting to advance their basics to become more competent and confident players. In this fun high-performance environment, athletes are encouraged to set goals and work towards achieving them through self-assessment and reflection. This program is for athletes wanting to play and further expand their knowledge and enjoyment for the game.

Registration

To register go to www.riseupball.com click more and select Jr. Hyacks and pick between L.T.P or L.T.T.P.

Groups	Aged (years)	Fee
Boys & Girls		
LTP	4 - 13	\$65
LTTP	6 - 13	\$85

Dates

Saturday, November 26	Sunday, November 27
Saturday, December 3	DEC 4 NO CLASS
Saturday, December 10	Saturday, December 11
Saturday, December 17	Saturday, December 17

Times

L.T.P	3:15pm – 4:30pm (1 hours 15 minutes)
L.T.T.P	3:15pm – 4:45pm (1 hours 30 minutes)

Additional Information

Address: 820 6th street New Westminster BC V3L 3C8

Question or concerns contact Mark @ coachmarkmitchell@gmail.com or 778-980-3566