



JOIN US for our

SKWO:WECH FAMILY Charter Evening

Thursday April 18th
6:30 – 7:45pm
Skwo:wech Gym

Families will learn about our Social Emotional school-wide program, and will create and take home your very own Family Charter.

Please bring your whole family, and your children will be the experts in guiding the creation of your own Family Charter.

If you are able to bring and share a NUT FREE dessert or finger food that would be most appreciated 😊.



RULER
Building an Emotionally Intelligent School Community

We are delighted to be offering a fun family engagement evening with a focus on our school wide SEL program, RULER. Your kiddos will be our teachers as they lead you through the creation of your very own family Charter (one of our RULER tools.) We will share a little history of the program at our school and the importance of Social and Emotional Learning. There will be fun, random draws and we invite families to bring a desert or finger food to share! We ask that you fill out the quick survey below to help us predict our numbers as we plan the event.

[FAMILY CHARTER NIGHT SURVEY](#)

Bulletin Update

Community/Family Reading and Terry Fox Run – Friday, April 12th

From 8:50am-9:15am come join your child in the morning for family reading! Following Family reading we invite families to stay and join your children for the Terry Fox Walk/Run that we are holding immediately after family reading. We have a very fun coin collector in the entrance to the school to collect any coin donations. If you wish to receive a receipt for your donation, please use the link or QR code below to make your donation directly to the Terry Fox Society. As an extra incentive to donate to this very worthy cause, we have set a goal of raising \$1000.00; if our school achieves that goal by April 19th, **the amazing Skwo:wech admin team will dye their hair pink with Ms. Simpson's help!**

We are still looking for parent volunteers to help as spotters for our Terry Fox Run on Friday April 12th following family reading. Please contact Mr. Elves if you can help out. delves@sd40.bc.ca

[DONATE](#) to the Terry Fox Foundation for Cancer Research

Together, let's make this year's Terry Fox Run the most successful one yet and show the world the power of community and compassion.



Elementary Collaboration – Early Dismissal - Thursday, April 18th

- Students will be dismissed from school at 12:05pm
- Please remember to help your child pack a recess snack
- If your child has ordered lunch through the Lunch Lady on this day, they will receive their lunch to take with them at dismissal time

Family Charter Evening – Thursday, April 18th

- 6:30pm – 7:45pm - Gym

Skwo:wech PAC Meeting – Thursday, April 25th 7:00pm (In person meeting)

- More information to come

Non-Instructional Day – Friday, April 26th

- No school for students

Moving to a new school next year

- If anyone is already aware that their child will not be returning to Skwo:wech Elementary in September 2024 for kindergarten through Grade 5 due to moving or other reasons, please let the office know as soon as possible at skwowech@sd40.bc.ca

Division 15 went for a walk to see the cherry blossom trees. They wrote on their outdoor education journal about signs of spring and sorting living and nonliving things!



Grade five school leaving celebration!

Dear Parents and Guardians of grade five students,

Please circle June 20th for our school leaving celebration. Our theme this year is SURF's UP! Students are encouraged to wear relaxed, beach or summer wear. We will begin our celebration at 1:15. More information to follow regarding further details and ticketing.



The poster features a bright yellow sun in the top left corner. At the top right, there are three logos: the New Westminister logo with a crown, the Fraser Health logo with the tagline 'Better health. Best in health care.', and the New Westminister Schools logo. The main text is centered, with 'Sunday April 7th, 1-3PM' and 'Queen's Park Arena' in bold black font. To the right, a blue cloud contains the text 'Free Event'. To the left, another blue cloud contains 'All Ages Welcome'. The title 'Play Day' is in large blue font, with 'New Westminister' in orange below it. A paragraph of text describes the event as a chance to be active and connect with different sports. Below this, the word 'Activities' is in bold blue font, followed by a list of sports: Basketball, Softball, Football, Baseball, Circus, Soccer, Ringette, Hockey, Lacrosse and more. At the bottom, there is a colorful illustration of a diverse group of people, including a man in a wheelchair, a woman, a young girl, a woman, a young boy, and a man, all engaged in various activities like playing basketball and holding a ball.

 **NEW WESTMINSTER**  **fraserhealth**  **New Westminister Schools**

Sunday April 7th, 1-3PM
Queen's Park Arena

Free Event

All Ages Welcome

Play Day

New Westminister

Looking for more opportunities to be active? This is your chance to experience and connect with different minor sports and activities in our community.

Activities

Basketball, Softball, Football
Baseball, Circus, Soccer, Ringette,
Hockey, Lacrosse and more





FUN LUNCH

**FRIDAY APRIL 19
(ORDER BY APRIL 9)**

\$8 COMBO

Choose 1 main:

Chicken Strips
Macaroni & Cheese
Legendary Burger (Beef/Veggie)*
Grilled Cheese Sandwich*

*Gluten free options available

Choose 1 side:

Grapes
Apples
Veggies & Dip

Choose 1 drink:

White Milk
Apple Juice
Orange Juice

SCAN TO ORDER
AND VOLUNTEER



ALL PROCEEDS GO TO THE SKWO:WECH PAC
SCAN THE QR CODE TO ORDER OR GO TO:
[HTTPS://MUNCHALUNCH.COM/SCHOOLS/SKWOWECH](https://munchalunch.com/schools/skwowech)



bcgirlschoir.org

DO YOU KNOW A
SINGER IN GRADES
4-6?

NOMINATIONS OPEN FOR
SPRINGSING 2024!

REHEARSALS:
MAY 4, 11, 25 AND JUNE 1
COQUITLAM

CONCERT:
JUNE 8 - 4:00 PM

For more information or a nomination
package:
generalmanager@bcgirlschoir.org



BRITISH COLUMBIA
GIRLS CHOIR
*Spring
Sing*

Skwo:wech PAC presents

STAY SAFE



The Skwo:wech PAC is excited to present "Staying Safe Home Alone", a workshop operated by First Aid Hero (a Canadian Red Cross Trainer Partner)

WHAT: \$65 for a 6-hour workshop aimed at teaching kids the basics of staying safe when home alone

WHEN: Friday, April 26 (Non-Instructional Day) - 9am to 3pm

WHERE: Skwo:wech Elementary

WHO: 9 years old+ (Grades 4 & 5)

Content includes:

- Basic first aid skills such as wound care, choking, and calling 9-1-1
- How to stay safe at home and within the community
- How to prepare for, recognize, and respond to unexpected situations
- Other safety skills to empower and enhance self-confidence

Important

There is a maximum of 30 spots for this workshop.

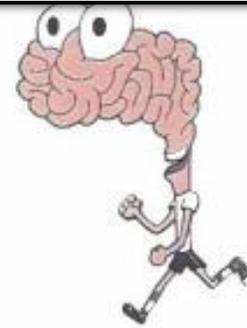
Registration is first come, first served with confirmed payment. Please fill out the pre-registration form to express your interest by April 19. The first 30 registrants will receive confirmation of registration and a request for payment. If this workshop is popular, we will run another one in the future.

To pre-register, go to: www.tinyurl.com/skwowechhomealone24

Questions? Email skwowechpac@gmail.com

For more info about First Aid Hero, go to: www.firstaidhero.com

elmacon



Join us on **Saturday, May 4, 2024**
At the University of British Columbia

ELMACON is Vancouver's **elementary math contest** for grades 5 - 7, which gives students the opportunity to experience math as an **exciting sport!** Prizes include: electronics, gadgets, games, and more!

For registration and more details visit <https://elmacon.org>.
Questions? elmacon@pims.math.ca or (604) 822-3922

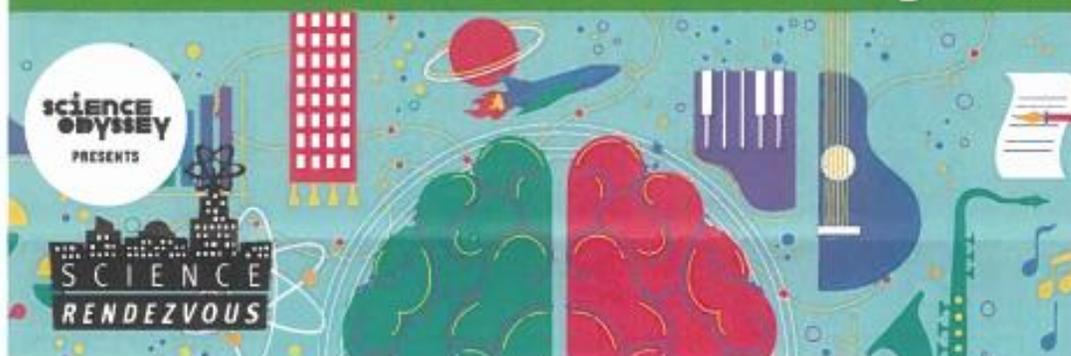
Deadline: April 14, 2024

Fee: \$30

Location: UBC Earth Sciences Building, 2207 Main Mall, Vancouver

MAY

ELMACON is funded and run by



SCIENCE RENDEZVOUS is back!

| Join the fun and get ready to **CREATE!** on **May 11, 2024**. Science Rendezvous is a **FREE** destival that takes science, technology engineering, art, and math (**STEAM**) research and innovation out of the lab and onto the street.

Visit the Science Rendezvous UBC website at
https://www.sciencerendezvous.ca/event_sites/ubc/

Location: UBC Beaty Biodiversity Museum + Multiple sites on campus.

MAY

Community School Programs at Skwo:wech!

The Power of Drawing (Grades 1 - 5)

Young Rembrandts teaches drawing, the fundamental skill of all visual arts to children. Your child will develop drawing and art skills, expand their creativity, imagination and confidence.

Library

Mondays, 3:00 - 4:15pm

Date: May 6 - Jun 17 (6 sessions)

No class on May 20

Registration Fee: \$97.50

To register, please visit: www.youngrembrandts.com/metrovancouver/

Fearless FitKidz (Grades 3 - 5)

Fearless FitKidz presents fun and exciting track and field activities in a healthy and encouraging atmosphere.

Gym

Thursdays, 3:00 - 4:30pm

Date: May 16 - Jun 20

Registration Fee: \$25.00

To register, please visit: <https://app.univerusrec.com/sd40pub/>

Musical Theatre (Grades 3 - 5)

Sing, dance, and act, and expand your fundamental musical theatre skills. Includes basic singing, dancing, acting, and games. Increase your artistic skills, and end in a collaborative mini performance.

Music Room

Wednesdays, 3:00 - 4:30pm

Date: May 1 - Jun 5 (6 sessions)

Registration Fee: \$83.25

To register, please visit: [City of New Westminister Parks and Recreation registration site](#)

Have questions?

Contact Community Schools

Phone: 604-517-6291

E-mail: communityschools@sd40.bc.ca

WALK 30[™] CHALLENGE

30 min for 30 days

JOIN US!

April 1st- 30th

Registration opens March 1st



Improve

Health



Strengthen

Community



Rethink

Transportation

VISIT OUR WEBSITE:

www.walk30.ca

REGISTER:



Powered By
BEST
www.best.bc.ca

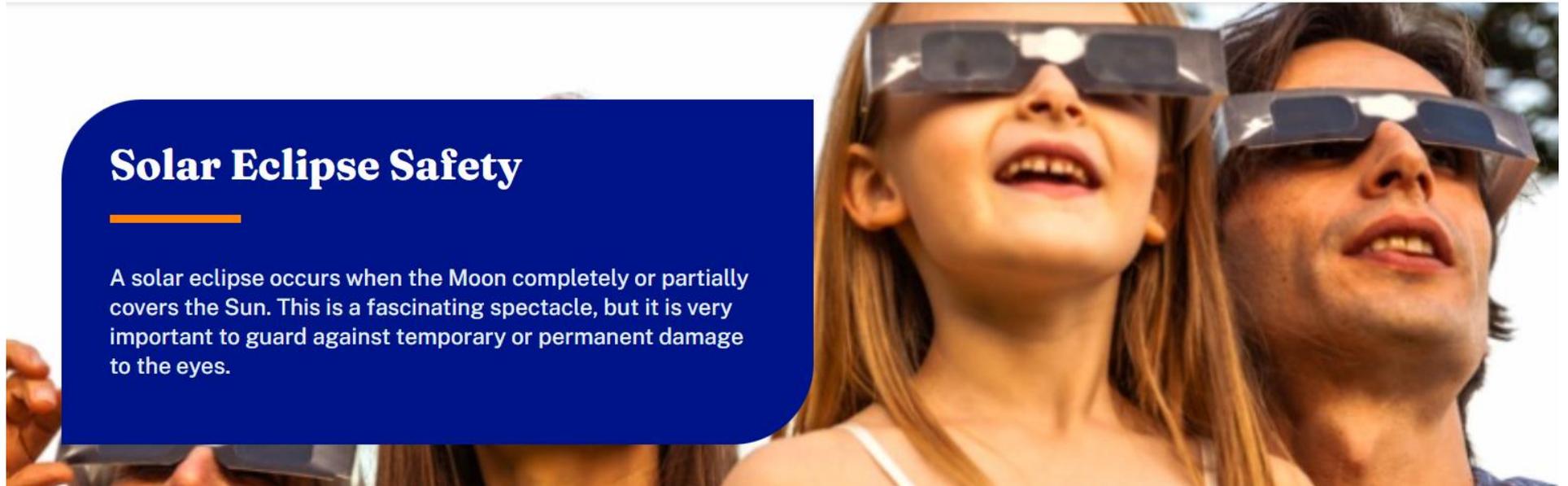




CANADIAN ASSOCIATION OF OPTOMETRISTS
ASSOCIATION CANADIENNE DES OPTOMÉTRISTES

Solar Eclipse Safety

A solar eclipse occurs when the Moon completely or partially covers the Sun. This is a fascinating spectacle, but it is very important to guard against temporary or permanent damage to the eyes.



Solar Eclipse Safety

<https://opto.ca/eye-health-library/solar-eclipse-safety>

Fuel Up! School Lunch Program

- April menu is now available online.
- Orders must be placed two business days before delivery. For example, for Monday's lunch you must order by Wednesday.
- If your child will be away from school and you did not cancel their lunch in time, please advise the office if you would like to arrange to pick up the lunch or if the school may donate the lunch to another child who might have forgotten their lunch.
- If your child is away from school, you must cancel two days before their hot lunch delivery and email The Lunch Lady at new.westminster@thelunchlady.ca

<https://newwestschools.ca/programs-services/fuel-up/overview/>

Do you need to connect with your child's teacher?
Please see contact information below:

- Mrs. Sharp – Div. 1
lsharp@sd40.bc.ca
- Mrs. Gibson – Div. 2
lgibson@sd40.bc.ca
- Mrs. Bhatti – Div. 3
sbhatti@sd40.bc.ca
- Mr. Stevens – Div. 4
mastevens@sd40.bc.ca
- Ms. Hikida – Div. 5MO
khikida@sd40.bc.ca
- Mr. Bamford – Div. 6
rbamford@sd40.bc.ca
- Mr. Wong – Div. 7MO
ddwong@sd40.bc.ca

- Mrs. MacLeod – Div. 8
emacleod@sd40.bc.ca
- Ms. Lee – Div. 9
mlee@sd40.bc.ca
- Ms. Lacey – Div. 10
slacey@sd40.bc.ca
- Mrs. Toufic – Div. 11MO
htoufic@sd40.bc.ca
- Ms. Tse – Div. 12
jtse@sd40.bc.ca
- Mrs. Kamagianis – Div. 13
dKamagianis@sd40.bc.ca
- Ms. Gong – Div. 14
cgong@sd40.bc.ca

- Ms. Thompson/Ms. Pelka – Div. 15
jthompson@sd40.bc.ca /
kpelka@sd40.bc.ca
- Mrs. Stewart/Mr. Elves – Div. 16
astewart@sd40.bc.ca /
deleves@sd40.bc.ca
- Ms. Stephanie – Div. 17MO
skwok@sd40.bc.ca
- Mrs. Whyte – Div. 18
swhyte@sd40.bc.ca
- Ms. Ballantyne – Div. 19
vballantyne@sd40.bc.ca
- Mrs. Simpson – Div. 20
jsimpson@sd40.bc.ca
- Ms. Mattarollo – Div. 21MO
bmattarollo@sd40.bc.ca